



*Riverwood*

2017

Annual  
Report



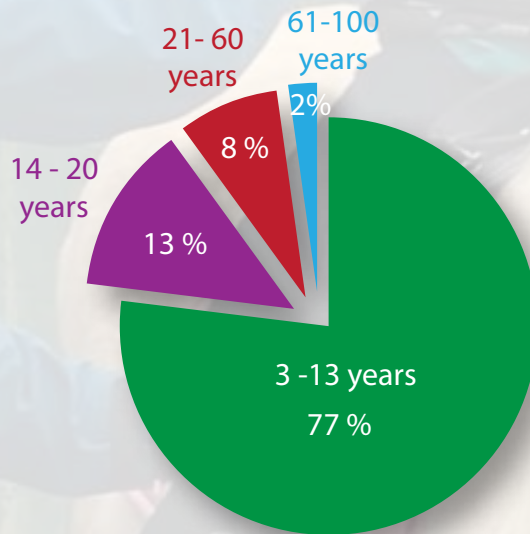
# Our Vision

Facilitate healing, acceptance, and growth for those with special needs through a partnership with equines and the natural world.

# Our Mission

Riverwood provides quality, professional equine-assisted activities and farm-based and environmental learning opportunities for children and adults with special needs.

## Ages of our Participants



## Individuals Served

Riverwood adamantly provides an accepting and inclusive environment in which individuals of all abilities and backgrounds are valued. Some of the most common diagnoses seen in students at Riverwood include, attention deficit hyperactivity disorder, depression, anxiety, autism, cerebral palsy, post-traumatic stress disorder, developmental delays, Down syndrome, multiple sclerosis, sensory processing disorder as well as visual, hearing and speech impairments.

## Areas Primarily Served

Forsyth, Davie, Yadkin, Surry, and Stokes Counties.



# Growth and Transition

The 2017 year was one of important transition and growth. Our founder, Susan Hubbard, celebrated her retirement in December and left Riverwood with a rich history. Her vision for continued inclusion and celebration of diversity for all people will continue to be vibrant. Her commitment to the horses we keep, the students we serve, and the vitality of farm-based learning for the greater special needs community is ever-present.

Riverwood's focus in 2017 was not only to transition leadership but to develop even more unique ways to serve our community. Our programming at the farm and through our Mobile Education and Outreach trailer reached new levels. We touched lives that we couldn't even imagine being able to impact only a few years ago. A new building, the Coop, was created for the Community Based Learning program and farm store, while many new students were able to take part in these impactful life skills and team building sessions. We welcomed two wonderful new horse partners to our herd to meet an increase in need from our community. Our human team also grew with the addition of a new full-time instructor and a new volunteer coordinator. Our retired horses, and those needing special care, remain engaged and well-loved with their own group of volunteers who are committed to helping our staff care for them.

Now, looking into the future, we are excited to have instructors continuing to move toward advancing their certifications that will add depth to our professional programming. We have developed a partnership with Wake Forest University Department of Psychology to work with student interns who are interested in the advancing field of animal assisted therapies. We look forward to a fall 2018 Therapeutic Riding program for senior adults with Parkinson's Disorder. Our MEO schedule is as full as it has ever been for programs in 2018. We are working with high school teachers and other non-profit leaders to plan for even more community based learning opportunities.

It's hard to imagine how the touch of one hand to one horse can be life changing, but it truly is; we are fortunate enough to see it every day at the farm. Hundreds of people come to us every year, many of whom have never been on a farm, let alone sat upon or stood beside a horse. People of every age and ability are transformed by the horses. This doesn't happen accidentally. It happens because the horses and our natural world allow a person to be wholly themselves and completely in the moment. It happens because volunteers show up day after day to help wherever they are needed. It happens through committed supporters who value what each student takes with them when they leave the farm.

We thank you for embracing us and our mission for so many years. We invite you to be fully present with us as we look toward a bright and exciting future.

With Gratitude,

Laura Pallavicini  
Executive Director

## Our Staff, Year End 2017

Laura Pallavicini,  
Executive Director  
and Advanced Instructor

Aliza McIlwain,  
Program Director  
and Advanced Instructor

Erin Smith, Development Director

Cindy Martin,  
Office Manager and Instructor

Leigh-Ana Castillejo,  
Equine Manager  
and Advanced Instructor

Evy Crumb, Instructor

Kyle Petty, Farm Staff

Liz Baldwin, Farm Staff

Philip Bostian, Farm Staff

Kendra Williamson, Farm Staff

## Our Board of Directors, Year End 2017

Terri Dillon-Board President

Laura Pallavicini-Executive Director

Linda Collins

Hilary Kosloske

Victoria E. Newell, DVM

Rebecca Smitherman

Jeanne Wilkinson

Aaron Williams, PhD



# Our Volunteers

Riverwood's program is made possible by the incredible members of our community who volunteer their time and talent with us each week. From side-walkers and leaders that help run our daily classes and inspire our students, to specialized committees who work on special events and projects for Riverwood, we cannot thank our passionate volunteers enough for all the love they give.

Based on the 2017 national average hourly value of volunteer time of \$24.69, an average of 150 weekly volunteers donated 7,386 hours to Riverwood in 2017, totaling an estimated value of \$182,360.34!

5,405  
Therapy Hours  
in 2017

## Our Riders and Clients

Total Participants Served in 2017: 730

Therapeutic Riding Program: 337

Mobile Outreach Program: 333

Equine Facilitated Learning or Psychotherapy: 55

Community Based Learning Program: 5

## Collaborations

ABC of NC Child Development Center

Centers of Exceptional Children

Central Davie Academy

Donna Hampton Counseling

Hospice and Palliative Care Center, Camp Carousel

Kaleideum North (Formerly SciWorks)

Old Richmond Elementary School

Rural Hall Elementary School

Sherwood Forest Elementary School

UNC School of the Arts

## Thank You, Rider Sponsors

Megan Fullgraf

The Gordon Family

Chris and Danny Herko

Sandra Koziara

Ken Steele

F. Barry Wheeler



# Our Herd

Riverwood values its horses as sentient beings; they give so much to others through their service in our program. We are grateful for the many lessons they teach us and our students!

## New Partners in 2017

Welcome to Riverwood, Mistletoe and Faith!



## Volunteer Equine Conditioning

At the very core of Riverwood is our wonderful herd of horses. Without them, we would not be able to touch the lives of so many in our community. Their strong bodies support the frailest among us and their souls touch ours in a way no human can. The Riverwood staff values the horses as our own and are deeply committed to providing top-quality care for them through the end of life as well as educating our volunteers and the public about equine welfare. This led us to become creative in coming up with a way to ensure we were able to both provide the horses with the best care possible and continue furthering the education on equines in our community.



We are so excited about our new Equine Conditioning volunteer program! Riverwood strategically pairs a small group of our volunteers with equine partners, and they work together each week on a series of ground exercises, stretches, and other activities led by one of our certified instructors. Not only does this allow further education opportunities for the volunteers and exercise for the horses, it has also been an excellent avenue for our equine partners to form special bonds with their volunteers and have a new activity that takes them out of their everyday schedules. Over the course of the last three months we have seen improvements in these horses' physical fitness and overall demeanor, as well as

incredible bonds formed between these horses and their volunteers!

Similarly to the conditioning program, multiple dedicated volunteers come to the farm each week to show our retired horses lots of TLC through grooming, walking on the trails, hand grazing, and treat feeding. So far, Skip and Flash haven't filed any complaints on the perks of retirement! We are so excited to see how these equine conditioning programs continue to enrich the lives of our equine partners in the years to come and are grateful for the volunteers who make it possible each week.

## Horse Sponsors

- Angel - Alan Kirby
- Blaze - Kyle & Marie Petty
- Boomer - Carrie Childress; Kate Snow
- Candyman - Nicole Gallimore; Old Richmond Elementary School
- Cody - Perch & Nest - A Tiny & Cottage Home Co.
- Dante - Sue & Mark Royster
- Faith - Hughes Equine Energy
- Flash - Kerri Crater; Madeleine McGuire; George & Eleanor Wilson
- Gator - Mariam Wright, in honor of Dr. Vickie Newell
- Kahlua - Cindy Martin; The Welborn Family - Tim, Michelle, Logan & Lilly
- Lucky - William & Donna Cowden
- Midnight - Diane Behar
- Mistletoe - Carrie Childress; Al & Pat Baker
- Pet - Greg and Anne Epting; Piedmont Natural Gas
- Sir - David & Sandra Neugent
- Skip - Diane Behar
- Sweetie - Collins Commercial Properties; Katherine & Tripp Bennett; McNeil & Kelly Cronin; The Clegg Family
- Thomas - Mariam Wright, in honor of Dr. Vickie Newell; Terri Busek



# The Coop at Riverwood

The summer of 2017 was an exciting milestone for Riverwood, as it marked the first session of the Community Based Learning Program. Also known as, The Coop, this program was inspired by the growing need for experiential learning for teens and young adults in our community, and the desire of many Riverwood riders to become more involved with the care of our horses and the farm. Its goal is to utilize the unique farm environment and emotional intelligence of horses to provide hands on learning opportunities and prepare participants for higher education or jobs in the community. Over the summer, this group of students ranged from ages 17 to 46, and they spent two hours at the farm each week. The first hour of the session was spent working alongside our miniature horses, Midnight and Candyman on leadership, communication, and teamwork. The next hour they were hard at work completing farm chores and preparing for a farmer's market that they would host on the final day of the session. They collected fresh eggs from the chickens, harvested summer vegetables from the garden, and designed their own invitations to distribute to friends and family. When market day finally came, students set up, provided information on different produce, collected money, and enthusiastically described the goals they had been working towards all summer.



Fast forward 10 months and students are continuing to grow and thrive in Riverwood's Community Based Learning program. During the most recent session, a group of 5 students worked with the minis and focused on developing the skills needed to host visitors at the farm. Their final session was a "Visitor's Day" in which they explained and demonstrated the horsemanship skills they'd learned, gave comprehensive tours of the barn and tack room, and debuted the new Coop building, which will serve as a farm store and learning center for students to gain and practice job skills. At the end of that thrilling day, students were given the opportunity

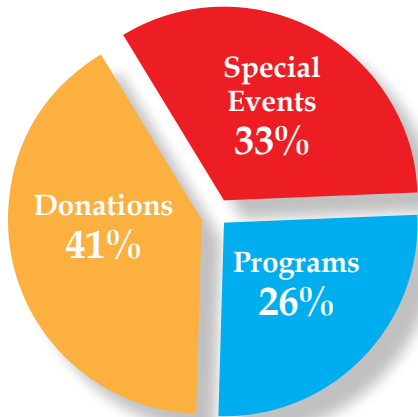
to reflect on how Community Based Learning has helped them. "The biggest thing I've learned is how to stand up for others and for myself," expressed Ariel Frye, a long-time Riverwood rider who started Community Based Learning in February. Jake Boyer, a new student, also had some compelling feedback: "It helped me to be able to trust others more, which is difficult for me to do. I may appear calm on the outside, but there's a lot of churning going on inside, and it's helped me get that anxiety out in a positive way." Everyone at Riverwood is incredibly proud of these students and the tremendous progress they have made toward meeting their goals. "Walk On," Community Based Learners!



# Financial Breakdown

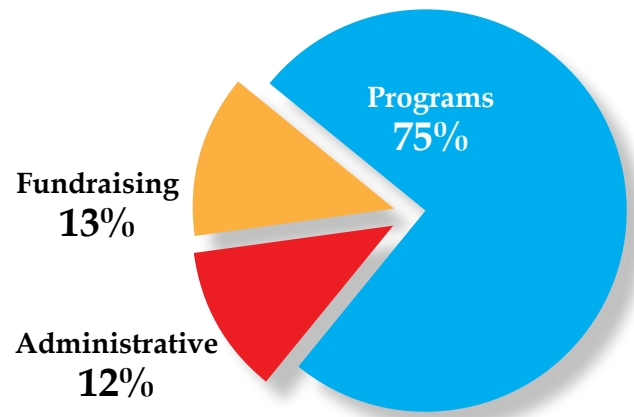
## 2017 Income \$xxx,xxx

- Donations: \$ xxx,xxx
- Programs: \$ xxx,xxx
- Special Events: \$ xxx,xxx



## 2017 Expenses \$xxx,xxx

- Programs: \$ xxx,xxx
- Administrative: \$ xx,xxx
- Fundraising: \$ xx,xxx



In 2017, the cost to operate Riverwood's facility for 1 day = \$1,130.64.

xx cents of every dollar was spent on equine assisted therapy programs.

Riverwood is dedicated to improving the quality of life for individuals with special needs, regardless of his or her financial capability. We subsidize the cost of riding lessons by 66% for all students; beyond that, Riverwood provided \$x,xxx in scholarships to those who could not afford tuition fees in 2017.

## Hearts and Hooves Giving Society Members

*Thank you for supporting Riverwood's desire for program expansion and future sustainability*

David and Jennifer Barksdale

Terri and Vic Dillon

Greg and Anne Epting

Rick and Nancy Hancock

Chris and Danny Herko

Brett and Wendy Hoge

Susan and Steve Hubbard

Martha Key

Hilary Kosloske

Sonja and Craige Murray

Dr. Vickie Newell

Zach and Ashley Sharpe,

Amy and Mike Stinnett

Aaron and Cynthia Williams

Steve Wallen



# January 2017 – December 2017

Thank you for your gifts to Riverwood in 2017!

## **\$20,000 and above**

Anonymous (1)  
Reynolds American, Inc.  
Winston-Salem Foundation

## **\$10,000 - \$19,999**

Hancock, Rick and Nancy  
Herko, Danny and Chris\*  
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- Dr. Vickie Newell\*  
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Wright, Mariam\*

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Williard, Sara  
Wolff, Vee  
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Young, Ursula

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In honor of these beloved people and animals...

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Kathleen Smith-McIlwain  
Kaye Watts

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Richard and Elizabeth Sides

#### **Anna Morgan**

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#### **Holly Forbis, Brandon Epting**

Martha Key

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Dollyhite Family

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Diane and Russell Parmele

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Mike and Wendy Brenner

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Martha and Bill Gribble

#### **Lani Seltzer**

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Elizabeth Bealle

Pat Epting



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Elaine and James Byers  
 Timothy and Michelle Welborn  
 Christian Dew

**Linda and Ray Collins**

Bill and Lottie Kay

**Linda Collins**

Curtis Harwell  
 Bill and Lottie Kay

**Liz Baldwin**

Charles S. and Devon Baldwin

**Lucas Hayworth**

Susan Hayworth  
 Kathy Phillips

**Mack Raymer**

Edward E. Raymer

**Madge and Jim Mager**

Maureen Parent

**Marilyn Parker**

Lamar Parker

**Marsha Barksdale and George White**

Elizabeth Anderson

**Mike Smith**

Randy Mays

**Nancy Hancock**

Judy Grubbs  
 Beverlye Hancock

**Nell Barksdale**

Byron and Martha Burkehart

**Nolan Brown**

Wayne and Julia Hauser

**Our 3 grandchildren**

- **Caleb, Kinslie, & Audrey**  
 Terri and Vic Dillon

**Our Sons - Keenan, Kirk, Anderson, Jacob & Ross**

James and Kathryn Lippard

**Pam Greenholt**

Anita Henderson

**Pat Williard**

Kyle and Marie Petty

**Quinn Cronin**

Kelli and Rob Fitzgerald  
 Laurie and Barry Cronin

**Racqella Marrs**

Ron and Glenna Marrs

**Riverwood Staff**

Bree and Tim Hendrick-Nerhood  
 Marcie and Lawrence Hughes  
 Sally Bridges

**Riverwood Staff, Horses and Ponies - Past and Present**

Sally Bridges

**Riverwood Volunteers**

Jim Matthews

**Rob Shay**

Deborah White

**Sawyer and Amelia Hubbard**

Glenn and Dottie Pennington

**Susan Bradford**

Patricia Benson

**Susan Hubbard**

Terri and Vic Dillon  
 Toby and Terry Gordon  
 Kevin Oliver – Harmony Ridge Farms  
 Sarah Albritton  
 Charles and Beth Baldwin  
 Dr. Vickie Newell  
 Harry and Jaye Wilson  
 Cecilia and Ashley Balman  
 Johanna Kiricoplos  
 Lani Seltzer  
 Alan and Beverly Moore  
 James and Barbara Bowman  
 Martha & Bill Gribble  
 Scott and Julia Hanes  
 Cindy Caines  
 Kaye Watts  
 Edward Leagans

**Terri Dillon**

Edy Hurdle

**Thursday 10:00am volunteers**

Bo and Kathy Brookby

**Our Children - Tommy and Rebecca**

Amanda and Tom MacInnes

**TRAV students**

Marcia Maynard-Hampton  
 Hilary Kosloske  
 Terri Dillon

Sonja Murray

**Tuesday 5:30 class**

Frank and Ashlie Martin  
 Cindy Caines

**Dr. Vickie Newell**

Carrie Reavis  
 Sandra Dennis  
 Mariam Wright  
 Ken Steele  
 Leigh Stone  
 Diane Paige  
 Pam Greenholt  
 Carey and Andrea Bostic  
 Edward Leagans

**In memory of these people and animals, who live on in our hearts forever...****Blizzard**

Carey and Andrea Bostic

**Blue**

Pam Greenholt  
 Anita Henderson

**Bob Key**

Richard and Sheryl Forbis

**Buddy**

Lisa Eisele

**Daniel Longman**

Frank and Mary Longman

**Fred Peters**

Jamie Childress

**Gabriel Jones**

Karen Bowen  
 Margaret and Marshall Singletary  
 Joyce and Joseph Jones

**Gravy and Celeste**

Anonymous

**Herbert Eaton**

Susan Thomas

**Janet Hano**

Beth Hano  
 Charles and Beth Baldwin  
 Danny and Chris Herko  
 Jane Marvin

**Jim Forrest**

Rebecca Forrest

**Joel Pointdexter**

Tammy Poindexter

**John McCashin**

Lee Trotman  
 Dorothy Trotman

**Karly Bertram**

Barbara Keller  
 Jane Marvin

**Kathleen Board**

William Hartley

**Katie Fitzgerald**

Mike and Karen Fitzgerald

**Mother of Maryanne Post**

Dr. Vickie Newell

**Miriam Newell and Maddie Jason**

Marilu Jason

**Misty, the Palomino mare**

Nancy Taber

**Moonlight Silk**

Jean Sprinkle

**Mrs. Beverly Ann Figlar**

Danny and Chris Herko

**Oliver Toomey**

Mary and Jim Johnson

**Sandra Carico**

Patricia Smith  
 Beverly Payne  
 Michael and Deborah Smith  
 Brian and Cynthia Holbrook  
 Harry and Jaye Wilson  
 Terry and Mary Virginia Glidewell  
 Kimberly McClaugherty  
 Randy Mays

**Sara Thacker Raynor**

Tim Renegar

**Sassy and Karly**

Debbie Braden

**Tara**

Sarah Joyner

**Thunder**

Karen Eshback

**Tom Ellis**

Michel Ellis

**Treymore and Cotton Patch**

Deborah White

**Vern**

Jane Smith

Every effort has been made to ensure the accuracy of this list, although errors do occur. If your name has been misspelled or omitted, please accept our sincerest apology and contact the office at (336) 922-6426.



# *Riverwood Rider*

Riverwood Therapeutic Riding Center  
6825 Rolling View Drive  
Tobaccoville, NC 27050

NON-PROFIT  
US POSTAGE PAID  
GREENSBORO, NC  
PERMIT 338



## Riverwood Therapeutic Riding Center

6825 Rolling View Drive  
Tobaccoville, NC 27050

### Connect with us

Phone: (336) 922-6426

Email: [info@riverwoodtrc.org](mailto:info@riverwoodtrc.org)

Website: [www.riverwoodtrc.org](http://www.riverwoodtrc.org)

Facebook: [www.facebook.com/RiverwoodTRC](https://www.facebook.com/RiverwoodTRC)

Twitter: [www.twitter.com/RiverwoodPet](https://www.twitter.com/RiverwoodPet)

Online donations: <http://bit.ly/2FvgPjQ>

### Upcoming Events

October 27, 2018 - Annual Fall Fundraiser - Learn more and purchase tickets

